

Sweet Corn Veggie Chowder (four)

Roast 2 ears corn directly on oven rack and cut when cool for 1/4 cups. Cook one potato. Cut kernels off 22 more ears of corn, and juice (4 cups). Simmer juice with half a vanilla bean, stirring constantly in non-reactive saucepan. Scrape vanilla seeds into pan, and blend soup in pan. In another pot, simmer over medium heat the kernels, 2 lbs. fresh beans, potato till hot. Add to soup, then also add 1 or 2 cups of shredded arugula (or sorrel or spinach), 1 T lemon zest, 1 T lemon juice, salt and pepper.

This recipe comes to Bethesda from Epicurean.com.

